



San Rocco Giornale

May 2009

Dearest Friends,

I can remember in August, 1981 when I was at the Central School Kitchen helping the volunteers cutting peppers and onions and getting ready for the annual Feast of St. Rocco. I had some awesome memories sitting with my Aunt Emma, Uncle Frank and all the wonderful people who were so instrumental in my life. Many of these people have passed on but the tradition of St. Rocco continues.

When I became President of the St. Rocco Society in July, 1996 at the age of 19, I was extremely nervous but anxious in seeing this Feast thrive. I have always surrounded myself with dedicated people who together have made this Feast a success.

I will never forget our 75th Anniversary, just 5 years ago, when Al Martino took the stage in front of thousands of people on Pearl St. Many people thought that his show was our last hoorah; however, it was just the beginning! Since 2004, the St. Rocco Society has given out over \$45,000 in scholarships and local aid to the people of Malden. This is something that all of you, our supporters, should be proud of.

As we approach this memorable Feast, we remember all the patrons of St. Rocco; did they ever realize that the tradition they brought with them from their homeland would be so vibrant after 80 years?

A cent'anno!

Together, we can keep these memories near and dear to our hearts and let us not forget why we are here today... to continue the great work of St. Rocco.

Enjoy the banquet, enjoy the Feast and in the immortal words of Al Martino, "**Come, Share the Wine**".

Through the intercession of St. Rocco, may God Bless us all! **VIVA SAN ROCCO!**

With Great Admiration,
Steven Rocco Ultrino

St Rocco Still Lives on Pearl Street

When you're strolling down Pearl Street on your way to Pisa Pizza, to catch the train at Malden Station, or for a walk after you've eaten too much pasta, pass by the Italian American Citizens Club and look up. There he stands, St. Rocco himself in the window, looking down on his faithful subjects, showering his blessings on all who pass by.

He lives "rent free" at the Citizens Club, and sometimes he even watches over a friendly game of bocce-- to make sure no one is cheating!

+ *Prayer to St. Rocco* **+**

O Great St. Rocco, deliver us,
we beseech thee,
from the scourges of God;
through thy intercession,
preserve our bodies from contagious diseases,
and our souls from the contagion of sin.
Obtain for us salubrious air;
but, above all, purity of heart.
Assist us to make good use of health,
to bear suffering with patience;
and, after thy example,
to live in the practice of penance and charity,
that we may one day enjoy the happiness
which thou has merited by thy virtues.
St. Rocco, pray for us - 3 times.

We hope to see you at the **80th Annual Saint Rocco Feast** on August 7-8-9 2009. Be a part of the St. Rocco tradition, reminisce with old friends and join us for great food, great entertainment and three days of fun!

Visit us online at www.saintroccosfeast.org to check out the full schedule of entertainment

PS: Please Pray for 3 days of **great** weather!
Buona Festa!

This recipe came in after the cookbook was sent to the publisher. Enjoy!

Abruzzi Sauce

From the Kitchen Of Chef Richard Cremone

- ✓ 1 quart of basic marinara sauce
- ✓ ¾ of a stick of butter
- ✓ 1 cup grated romano cheese

Heat sauce, adding butter and cheese.

Stir and serve over your favorite pasta.

You can also add hot pepper flakes and chopped fresh parsley if desired. Add cream to make a pink sauce.

Mangia Bene!

You know you're Italian when.....

- ★ Through years of getting yelled at by your mother, you know more saint names than the Pope.
- ★ Your friends come over for dinner and they leave 10 lbs heavier.
- ★ Your father's garden takes up 90% of the back yard
- ★ Your mom's meatballs are the best.
- ★ You've been hit with a wooden spoon
- ★ You know how to pronounce "manicotti" and "mozzarella."
- ★ You fight over whether it's called "sauce" or "gravy."
- ★ You've called someone a "mamaluke."
- ★ You "open the light".
- ★ You have a nonna not a grandmother
- ★ Your cupboards are stocked with the following name brands: Progresso, Pastene, Brioschi, Nutella.
- ★ Who you kiddin'?---pasta, pasta, pasta ...everyday!

While our ancestors, were busy planning the first St Rocco Feast , here's some fun facts from the city, the state and the world.

Politics

US President	Herbert Hoover
Governor of Massachusetts	Frank G. Allen
Italy Prime Minister	Benito Mussolini

Sports

- ★ Boston Braves , now known as the Boston Red Sox finished the year in 8th place with a record of 58W-96L
- ★ Boston Bruins win the Stanley Cup.
- ★ Malden – Medford Football Game 1929 - Malden 6-Medford 0

Fun Facts

- ★ Al Capone's mob guns down their rivals in the St. Valentine's Day Massacre.
- ★ The **Wall Street Crash** of 1929, is the stock-market crash that occurred in late October and started the period of The Great Depression in the United States , starting a world-wide economic crisis lasting till the mid 30's
- ★ **Popeye**, a comic strip character created by Elzie Crisler Segar, makes his debut.
- ★ Duncan Yo-yo makes its debut
- ★ The **Broadway Melody** becomes the first major musical film of the sound era
- ★ The soft Drink **7-up** is invented by Charles Leiper Grigg
- ★ Sir Alexander Fleming discovers **Penicillin**
- ★ **First Ever Academy Awards**
- ★ **Popular songs**
 - "Happy Days Are Here Again"
 - "Stardust"
 - "Just a Gigolo"
- ★ Most Popular Car-**Ford Model A** which cost \$385 for a roadster to \$1400 for the top-of-the-line *Town Car*.
- ★ Gasoline was \$.25 a gallon
- ★ Income \$1,582/year (average)
- ★ New Home (Median Price) \$7,246.00
- ★ Milk 14¢
- ★ Bread (Loaf) 9¢